

GIFTED SUPPORT NETWORK

MENTAL HEALTH PROVIDER CONTINUING EDUCATION PROGRAM

Title of Program: Mental Health Matters: Supporting High Ability Children and Teens in a Changed World	
Program Date: April 22, 2021	Number of CE Hours: 1.0
Program Content: Long before the pandemic and quarantine, anxiety and depression were on the rise among children and teens. A year into and pandemic and a changed world, the effects of isolation and disruption are causing even more difficulties for some students. Why is the mental health of children and teens declining compared to previous years? How are high-ability children and teens impacted? What can parents and practitioners do to monitor and mitigate signs of concern? This session will focus on the mental health needs of gifted and twice-exceptional children and teens and answer your questions about how to support them.	
Objective 1: Attendees will understand how the pandemic and other world events of 2020/2021 have impacted high-ability students' mental health.	
Objective 2: Attendees will learn how giftedness impacts the overall wellbeing of individuals, recognizing both assets and possible areas for concern.	
Objective 3:	
Presenter 1 Name: Emily Kircher-Morris	Current Position: Mental Health Counselor
Degree: M.A., M.Ed.	Relevant Training: M.A. in Gifted Education; M.Ed. in Counseling
Professional License/Certification: Licensed Professional Counselor	
Presenter 2 Name:	Current Position:
Degree:	Relevant Training:
Professional License/Certification:	